

PERSONAL ASSISTANCE REFERRALS

Through Your AllOne Health Benefits

Save Time with **Personalized Everyday Life Support.**

Your time is valuable. AllOne Health can help you save hours of research and planning by connecting you with curated referrals for a wide range of personal assistance needs. From home services to children's activities, we provide guidance so you can focus on what matters most.

What It Is

Referrals from our team of experts for a variety of personal assistance-related needs, including home tasks, events, and daily life support. We research, vet, and provide options tailored to your request.

How It Works

- Reach out to AllOne Health to request a personal assistance referral
- Simply describe the issue you're seeking help with and provide any details or context to ensure you receive a referral tailored to your specific needs
- Personal Assistance referrals are non-transactional

What It Can Help With

Support is available for a wide range of services:

- Home care, renovation, or repair services
- Grocery and meal delivery
- Transportation, car maintenance, and repair
- Travel planning and itineraries
- Wellness services (spas, gyms, local services)

- Theatre, concerts, and event referrals
- Children's sports, programs, and activities
- Volunteer and donation opportunities

Why It's Helpful

- Saves you time and reduces stress
- Provides reliable, vetted recommendations
- Helps you manage daily responsibilities with ease

How To Get Started



Request Personal Assistance Referrals in the **AllOne Health App**



Submit a request through the **Member Portal**



Or call the **EAP 24/7** and our team will help connect you

Contact AllOne Health

Call: 800-451-1834

Visit: allonehealth.com/portal

